

Claire Barnes, BA (hons), DipNT, mBANT, Technical Advisor



Claire has a diploma in Naturopathic Nutritional Therapy from the College of Naturopathic Medicine (CNM) in Bristol.

Claire has a BA (hons) in Retail Management. She worked within the retail buying sector for three years before spending a year travelling. It was whilst travelling that she developed her love of juicing and nutrition and started her own Juice Bar business, which she owned and ran for seven years.

When she sold the business, she wanted to advance her knowledge of nutrition and so began her lifelong nutritional therapy training. She now concentrates her research in the microbiome and digestive health.

Claire joined Probiotics International Ltd (Protexin), manufacturers of Bio-Kult and Lepicol as a Technical Advisor in 2016.



