

Coconut Overnight Oatmeal

A recipe from Kim Plaza



Ingredients

- 40g rolled oats
- 80ml unsweetened coconut milk
- Pinch of salt
- 40g dried or fresh fruit
- 1 tablespoon nuts of your choice
- 1 teaspoon maple syrup

Method

Combine oats, coconut milk and salt in a jar or bowl.
Cover and refrigerate overnight. In the morning, heat if desired.
Top with fruit, nuts and maple syrup.

*Dish may not look like image used